

# BINGHAM

## Nerve & Muscle

RELIEF BEGINS WITH AN ACCURATE DIAGNOSIS

### Nerve and Muscle Testing Since 1989 (EMG/NCS)

Ronald C. Bingham, M.D.

Remy A. Valdivia, M.D.

Board Certified in Physical Medicine and Rehabilitation  
Board Certified in Electrodiagnostic Medicine (ABEM)

Mark A. Ferrante, M.D.

Board Certified in Neurology  
Board Certified in Clinical Neurophysiology  
Board Certified in Neuromuscular Medicine  
Board Certified in Electrodiagnostic Medicine (ABEM)

- **Important: EMG/NCS cannot be scheduled at least 21 days have elapsed since symptoms began.**
- **We perform studies on symptomatic limbs only.**
- **We cannot evaluate the upper and lower limbs on the same day.**

Patient's Name: \_\_\_\_\_

Appointment Date: \_\_\_\_\_ Time: \_\_\_\_\_

Please provide EMG/NCS:  Left Upper Limb  Right Upper Limb  
 Left Lower Limb  Right Lower Limb

R/O: Condition & Comments \_\_\_\_\_

Referring Physician: \_\_\_\_\_

**For appointment scheduling at all locations, please call: 800.224.1807**

**Jackson**  
3035 N. Highland Ave.  
(Across from North Side High School,  
1.5 miles north of Interstate 40 @ Exit 82B)

**Cordova**  
8066 Walnut Run Rd, Suite 101  
(Behind Goodwill Donation Center and  
to the left of CVS Pharmacy)

**Nashville**  
28 White Bridge Road, Suite 209  
(White building to the left of Target)

**Southaven (Mississippi)**  
7640 Clarington Cove, Suite B  
(Across Airways Blvd from the Desoto  
Baptist Hospital Campus)

**Tupelo (Mississippi)**  
634 Spicer Dr., Suite A  
(Behind Texas Roadhouse Restaurant)

**Jonesboro (Arkansas) NEW ADDRESS**  
805 Windover Rd  
(Same building as First Commercial Bank  
with green roof)

**Knoxville**  
109 Suburban Rd, Suite 101  
(Across from the Nissan and Ford dealerships on  
Kingston Pike)



## What to Expect During Your EMG/NCS Test

### ► Why have I been referred to Bingham Nerve and Muscle?

You have been referred to Bingham Nerve and Muscle because you have experienced numbness, tingling, pain, weakness and/or muscle cramping. If your provider suspects that you may have a problem with your nerves or muscles, this procedure will likely be an important part of your evaluation. This procedure takes about 30 minutes.

### ► What kind of training do EMG/NCS doctors have?

- Four years of college
- Four years of medical school
- Four years of residency training in physical medicine and rehabilitation (physiatry)
- Board certification in physical medicine and rehabilitation
- Board certification in electrodiagnostic medicine (ABEM)

### ► How should I prepare for these tests?

Please take a bath or shower to remove oil from your skin. Do not use body lotion or powder the day of your test to improve the quality of the test results. Also, to save time, you may download and complete our patient information forms on our website, [nerveandmuscle.com](http://nerveandmuscle.com), and bring them with you to your appointment.

### ► Nerve Conduction Studies

Nerve conduction studies show how well an electrical signal travels across a nerve. Special equipment records how the nerve works. The doctor may test several nerves.

### ► Electromyography

In this part of the exam, the doctor evaluates the electrical signals that travel from the muscle to the EMG monitor. A small electrode will be placed just under the skin in a few different muscles. With new technology and special techniques, this procedure can be done with minimal discomfort.

### ► When will I know the test results?

The physician will need to study the test results after you leave the office. Therefore, he may not be able to discuss your results. Typically, formal reports are faxed to your doctor within 48 hours. We will provide your physician with an accurate diagnosis so that you can enjoy a speedy recovery.

### ► Financial Policy

At Bingham Nerve and Muscle, we accept all forms of health insurance including Medicare, Medicaid (TennCare), and TriCare. We are also in-network with most commercial carriers. If you have questions about your specific insurance, feel free to call our billing department for assistance.

**Visit our website at [nerveandmuscle.com](http://nerveandmuscle.com) for detailed maps of all locations. Patient forms are also available to complete and bring to your scheduled appointment.**

**Feel free to call our toll-free number: 800.224.1807 at any time if you have questions or need directions.**

**731.664.0899 ■ 800.224.1807 ■ Fax: 731.664.0946 ■ [nerveandmuscle.com](http://nerveandmuscle.com)  
[info@nerveandmuscle.com](mailto:info@nerveandmuscle.com)**